## Progress Notes





**VOLUME 16 • ISSUE 11 • NOVEMBER 2024** 

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#### **MEDICAL EXECUTIVE COMMITTEE APPROVALS**

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month:

https://www.torrancememorial.org/for-providers/medical-executive-committee/

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.



## Honoring Our Heroes: Celebrating Veterans Day for Medical Staff

Veterans Day is a time to honor and express our deepest gratitude to those who have served in the armed forces. This year, we extend a special salute to the medical staff who have served or are currently serving. Their dedication and sacrifices, both on the battlefield and in our hospitals, deserve our utmost respect and recognition.

#### A Heartfelt Thank You

On Monday, November 11, 2024, Torrance Memorial Medical Center will proudly host a Veterans Day celebration to honor and recognize the brave men and women on our staff who have served or are currently serving (e.g. Reserve or National Guard), in the Armed Forces.

We encourage all Torrance Memorial staff who are Veterans, or are on active duty, to participate in this event. If you are a Veteran or currently serving and would like to be recognized, please email Mary Ford, who is producing the event, at <a href="mary.ford@tmmc.com">mary.ford@tmmc.com</a> by November 4, 2024. In your email, kindly include your name, title at Torrance Memorial, and the branch of the Armed Forces in which you served. Please share this to others in the organization and encourage Veterans or active-duty personnel on your team to submit their information and be recognized.

Let us all take a moment to recognize and celebrate these heroes who have given so much to protect and heal us.

## Happy Veterans Day! TMMC Veterans Day Celebration

Date: Monday, November 11, 2024

**Time:** 12:00 p.m.

**Location:** Patio area of Hunt Tower

#### **Event Program:**

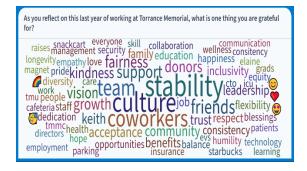
- Tribute to the Flag
- · Welcome and Thank You
- Reading of Names
- Group Photo

### A Message from Keith



As I approach the anniversary of my first official year as president and CEO at Torrance Memorial on November 1, I am reminded of what an exciting time it is to be part of this unique organization as we have much to look forward to in the weeks and months ahead. I would first like to acknowledge the incredible dedication and hard work each of you puts in every day to make our hospital the best in the South Bay. It is our exceptional internal community and culture that makes us stand out and demonstrate such strength and resilience. At our recent Visions meetings, many of you participated in our collaborative and powerful word cloud exercise reflecting how we see our hospital family. Words like *stability, teamwork, culture and family* stood out boldly, and these values are what truly define us. I encourage you to keep these words in mind as we continue to grow and face new opportunities.





As the situation evolves with the nationwide IV fluid shortage, our Emergency Management Task Force is making process changes and implementing strategies to extend our IV fluid supply while maintaining our high standards of care. Our focus remains on conservation to ensure we continue providing care to those most in need. They are closely monitoring the situation and will provide regular updates, including additional guidelines, to assist staff in navigating the shortage. Please visit TMI for up-to-date information, clinical guidance, and resources. As this is a dynamic situation, updates will be provided regularly.

I am pleased to announce we officially broke ground on the Emergency Department expansion last month. This significant project reflects our commitment to expanding our campus and enhancing our ability to meet the growing healthcare needs of the community. The expansion is designed to ensure that our Emergency Department remains a cutting-edge facility, equipped to deliver critical care efficiently, particularly as patient volumes continue to rise.

We have some new developments on our health system level as well. I would first like to extend a heartfelt goodbye to recently retired president and CEO at Cedars-Sinai Thomas M. Priselac, and extend a warm welcome to Peter L. Slavin, MD in his new official role overseeing the Cedars-Sinai health system. You can read more about some of Peter's accomplishments below. We look forward to collaborating with him in the days and weeks ahead.

Also on the health system front, Cedars-Sinai will be the official medical provider for the LA28 Olympic and Paralympic Games. And, as a member of the U.S. Olympic & Paralympic Medical Network, they are currently supporting medical treatment of athletes as they prepare to compete in national and international competitions leading up to the 2028 Games.

#### Men's Health Awareness Month



#### Movember 2024: Men's Health Awareness Month

November is here, and with it comes Movember, the annual event dedicated to raising awareness about men's health issues. Movember 2024 focuses on three critical areas: mental health and suicide prevention, prostate cancer, and testicular cancer.

## "1 IN 2 MEN WILL BE DIAGNOSED WITH CANCER IN THEIR LIFETIME." - us.movember.com

**Mental Health and Suicide Prevention:** Men often face societal pressures that discourage them from discussing their mental health. Movember aims to break this stigma by encouraging open conversations and providing resources for those in need. The goal is to reduce the rate of male suicides and promote mental well-being.

**Prostate Cancer:** Prostate cancer is one of the most common cancers among men. Movember raises funds for research and support services, helping men understand the importance of early detection and regular check-ups.

**Testicular Cancer:** This cancer primarily affects younger men, and awareness is crucial for early diagnosis and treatment. Movember's campaigns educate men on how to perform self-examinations and seek medical advice if they notice any changes.

Throughout November, men are encouraged to grow moustaches as a symbol of their commitment to the cause. This simple act sparks conversations and raises funds for vital research and support programs. By participating in Movember, we can all contribute to improving men's health and ensuring that men live happier, healthier, and longer lives.

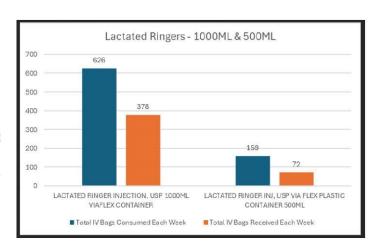
#### October 17, 2024 IV Fluid Update #3

#### Action Required - Immediate Reduction of IV Fluid Usage by 50%

Thank you for your swift action in implementing conservation measures. However, we continue to face critical supply challenges. This shortage is projected to last several months, and it is crucial we intensify our conservation efforts to achieve a 50% reduction in IV fluid usage. **Every bag counts and it is critical to reduce the daily <u>number of bags</u> of IV fluid used.** 

#### **Critical Supply Update:**

- Current usage rates are depleting inventory at an unsustainable pace.
- This chart illustrates our run rate of Lactated
  Ringers, a critical supply item. As you can see, we
  are using more than what we receive each week.
  Our weekly allocation is 40%, while our usage is at
  65% each week. At this depletion rate, certain IV
  fluid supplies will reach critically low levels in early
  November.
- We must take further action to bring usage down to the target of 50% or we will be at increased risk of canceling elective procedures.



#### We Need Your Partnership:

#### For Physicians:

- New Surgical Conservation Guideline: Effective immediately, please replace Lactated Ringer's (LR) fluid with Normal Saline (NS) for all surgical procedures. If a second bag of fluid is required, NS or LR can be used based on clinical judgment.
  - Given the dynamic nature of this situation, we will be monitoring inventory levels daily and may need to adjust product usage accordingly.
- Reduce the number of bags of IV Fluid, versus shifting to a smaller volume bag. Goal is to conserve the number
  of bags on hand.

#### For Nurses:

- Please reinforce existing conservation guidelines within your departments, go to TMI to find the list of reduction usage guidelines.
- Stay informed by visiting TMI daily for the latest updates, clinical guidance, and resources.



October 23, 2024

To: Medical Staff

From: Zachary Gray, MD Chief Medical Officer and Oren Zaidel, MD Chief of Staff

#### National Tc99m-Based Isotope Shortage Alert

Due to a structural issue within the high-flux nuclear reactor at the Petten Research Center in the Netherlands, there is a nationwide 40% reduction in medical isotope inventory, effective immediately.

Petten is the largest producer and supplier of isotopes worldwide and expects the reactor's maintenance to take several weeks. This shortage is impacting several routine studies, requiring immediate action to manage supply availability to ensure the safe care of those patients in critical need.

#### **Torrance Memorial's Response:**

- **Daily Monitoring of Supply**: Torrance Memorial Nuclear Medicine (NM) team is closely monitoring isotope availability and is collaborating with physicians and staff on any changes, modifying schedules as clinically appropriate.
  - High-Priority Studies: High-priority cases will proceed based on daily isotope availability, assessed on a case-by-case basis
  - Central Node Availability: There may be issues with isotope availability for sentinel lymph node procedures. Surgeons should be promptly informed of any potential delays.
  - o **Inpatient Studies:** Some inpatient studies, such as V/Q lung scans, PIPIDA, and bone scans, may face delays if isotopes are unavailable.
- Securing Additional Supply: We are working with local pharmacy vendors to secure inventory from alternative suppliers.
- **Rescheduling Non-Emergent Cases:** Patients with non-emergent cases are being contacted by the NM team to reschedule for after November 25. 2024.

#### How you can help:

- Effective Immediately: schedule patients requiring routine studies after November 25, 2024
  - Bone scans
  - PYP scans
  - V/Q Lung scans (If Pre-op / Quantitative Lung, scheduling will contact the department for availability)
  - Parathyroid/Sestamibi scans
  - Renal scans, Renal scan with Lasix
  - GI bleeding scans
  - Gastric emptying studies
  - O HIDA or PIPIDA (If Pre-op, scheduling will call the department for availability)

#### **Non-impacted Procedures:**

- **Thyroid and Y-90 Procedures:** Thyroid scans, thyroid therapies, and Y-90 treatments will remain unaffected. However, Y-90 mapping may face minor disruptions.
- **PET Imaging:** PET studies are unaffected, with no expected disruption.

We are working daily with our vendors to secure isotopes, but the situation remains fluid. We will provide further updates as needed. Please reach out if you have any questions or need additional clarification.

Thank you for your partnership as we navigate this situation.

#### **Temporary Closure of West Entrance to Central Tower**



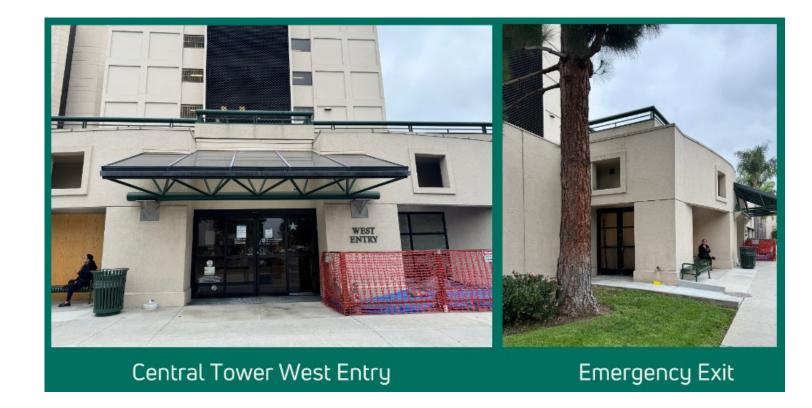
Dear Torrance Memorial Medical Staff,

Please be advised that starting Monday, October 21st, 2024, the West Entrance of the Central Tower will be temporarily closed due to a major plumbing repair project. The double doors in front of the West Entry will be blocked off, and signs will be placed to clearly indicate the new entrance and exit routes during this time.

We anticipate this closure lasting for a minimum of 30 days, but it could be extended.

We appreciate your cooperation and patience as we complete this necessary work. Please plan accordingly for this adjustment to entry and egress while construction is underway.

Thank you for your understanding.



## **TMMC COVID-19 Vaccination and Masking**

# Proof of COVID Vaccine <u>or</u> Declination must be submitted to Medical Staff Services by NOVEMBER 1, 2024

As we enter the respiratory virus season, we want to remind all Medical Staff of our updated COVID-19 vaccination and masking policy to ensure the safety and well-being of both our staff and patients.

**DECLINATION:** The TMMC COVID Vaccine Declination form must be submitted to Medical Staff Services no later than NOVEMBER 1, 2024 if:

- Opting out of receiving the updated COVID-19 Vaccine, OR
- Receiving the vaccine after the November 1, 2024 deadline

**MASKING:** All Medical Staff, regardless of vaccination status, must wear a mask during direct patient care. Medical Staff who choose to decline the COVID-19 vaccine will be required to wear a mask for the duration of the respiratory virus season (November 1, 2024—April 30, 2025).

#### TMMC Hosted COVID-19 Vaccination Clinics for Health Care Personnel

In a change from last year, these clinics will be completely WALK-IN ONLY. The clinics will only be available to the Medical Staff and Volunteers from 8am—12pm. Another change for this year will be that stickers will not be distributed for those who receive their shot.

#### **THURSDAY, OCTOBER 24**

8:00 AM - 12:00 PM

McMillan Building Suite 300 Conference Room

#### **THURSDAY, NOVEMBER 7**

8:00 AM - 12:00 PM

McMillan Building Suite 300 Conference Room

#### **THURSDAY, NOVEMBER 21**

8:00 AM - 12:00 PM

McMillan Building Suite 300 Conference Room

#### **THURSDAY, DECEMBER 5**

8:00 AM - 12:00 PM

McMillan Building Suite 300 Conference Room



#### **THURSDAY, DECEMBER 19**

8:00 AM - 12:00 PM

McMillan Building Suite 300 Conference Room

Should you have any questions, please do not hesitate to contact the Medical Staff Services Department at (310) 517-4616.

## FLU SHOTS ARE HERE!

\*Mandatory for all active employees, physicians, and volunteers.

Proof of Influenza Vaccine must be submitted to Medical Staff Services by NOVEMBER 15, 2024



If you plan to submit an exemption request for review, the deadline is 10/18/24. No late forms will be accepted. Please contact Medical Staff Services for religious accommodation and medical exemption request forms.

Should you have any questions, please do not hesitate to contact the Medical Staff Services Department at (310) 517-4616.

#### FLU SHOT CLINIC DATES

Tues. 11/05/24 0800-1130

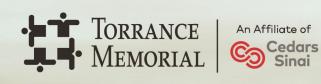
WT Auditorium

Thurs. 11/07/24 0800-1130

Jarod's Café

Thurs. 11/13/24 0800-1130

Yang's Café









## Advances in the Care of Substance Use Disorders

For Physicians and Healthcare Professionals Only

## TORRANCE MEMORIAL Medication Assisted Treatment (MAT) Symposium

## FRIDAY, NOVEMBER 8, 2024

Breakfast/Registration: 8:30 to 9am

Conference: 9am to 1:30pm

Lunch: 12:30 to 1:30pm

### Torrance Memorial Hoffman Health Conference Center

3315 Medical Center Drive, Torrance, CA 90505

The MAT Symposium will be a half-day professional conference focused on promoting comprehensive understanding of Substance Use Disorder and Medication Assisted Treatment.

#### FEES: Complimentary

Include lectures, continental breakfast, lunch and syllabus.

#### TO REGISTER SCAN QR CODE

or visit

TorranceMemorial.org/MATsymposium or email carol.dunne@tmmc.com.

Registration is required to attend this event.



#### **STATEMENT OF NEED:**

Substance use disorders and the opioid crisis are two of the most pressing public health challenges we face today. Beyond addiction and overdose deaths, substance use has profound health, mental health, economic, and societal impacts. Fortunately, evidence-based treatments are available to support individuals with substance use disorders, yet these options remain underutilized. This symposium aims to explore and clarify the treatment options for substance use disorders, including medication-assisted treatment for opioid use disorder. Key topics will cover risk factors, prevention strategies, clinical presentations, treatment approaches, and outcomes.

#### **TARGET AUDIENCE:**

Physicians, physician assistants and nurses in internal and family medicine, emergency and urgent care providers, OBGYN and other surgical specialties, pediatrics, pain management, and other health care professionals.

#### **EDUCATIONAL OBJECTIVES:**

After upon completion of this program participants should be able to:

- Realize the current crisis and cost of substance use disorder on their patients and society
- Understand the main types of substance use disorders and the available treatments
- Recognize the benefits of buprenorphine and its use in opioid use disorder
- Implement treatments and harm reduction techniques to improve and save lives
- CME credits satisfy mandatory DEA requirement for prescribing controlled substances safely



Torrance Memorial Medical Center is accredited by the Accreditation Council for Continuing Medical Education/California Medical Association (ACCME/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 4.5 AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California Board of Registered Nursing accepts Category 1 CME to meet RN continuing education requirements.

9:00 – 9:30am KEYNOTE SPEAKER: Gretchen Lent, MD

Director of Emergency Medicine, Torrance Memorial Medical Center

9:30 - 10:00am Moe Gelbart, PhD

Director, Behavioral Health, Torrance Memorial Medical Center

Executive Director, Thelma McMillen Recovery Center

"Basic Principles of Addiction"

10:00 – 10:30am Matin Hemmat, MD

Addiction Specialist

Founder Peninsula Health Center

"Suboxone Induction, Maintenance and Macro Dosing &

How to Avoid Precipitated Withdrawals"

10:30 – 11:00am **Jennifer Zhan, MD** 

Board Certified Emergency Medicine Physician

Implementation Leader, Public Health Institute CA Bridge and EDSP Programs

"Let's Talk About: Polysubstance Abuse"

11:00 – 11:30am Kazi Rezai, MD

Founder Coastal Primary Care

"Safer Pain Management"

11:30am – 12:00pm Maureen McCollough MD, MPH, FACEP, FASAM

Associate Professor of Emergency Medicine David Geffen School of Medicine at UCLA

Director, Pediatric Emergency Medicine

Co-Director, Olive View-UCLA Bridge Program

Department of Emergency Medicine
Olive View-UCLA School of Medicine

"Treating Special Populations, Peds, OB, and Incarcerated Patients"

12:00 – 12:30pm Kartik Ananth, MD

Pain Medicine Specialist & Founder Pacific Pain & Wellness Group

"Success of Buprenorphine in Pain Management Settings"

12:30 – 1:30pm **LUNCH** 

1:00 – 1:30pm QUESTION AND ANSWER SESSION: Gretchen Lent, MD

#### Cedars-Sinai Parkinson's Disease and Movement Disorders Annual Symposium - November 2



Parkinson's disease (PD) is not only the most common movement disorder, but also the fastest growing neurological disease. According to the Parkinson's Foundation, nearly one million people in the US are living with PD today and another 60,000 Americans will be diagnosed every year. Given that each PD patient is unique, clinicians face as many specific treatment challenges as the number of PD patients they follow. To help address this need, expert faculty will discuss challenges and opportunities for clinicians and healthcare professionals managing patients with PD, including current and emerging medical and surgical advances that can be implemented to slow disease progression and improve patients' quality of life. Particular focus will be put these complex disorders including motor and non-motor symptoms, nutritional and lifestyle changes.

Saturday, November 2, 2024 7:15 AM - 3:45 PM The Shay Hotel 8801 Washington Blvd. Culver City, CA 90232

#### **Target Audience:**

Specialties - Family / General Medicine, Gastroenterology, Geriatrics, Internal Medicine, Neurology, Neurosurgery, Nuclear Medicine, Palliative Care, Physical Medicine & Rehabilitation, Psychiatry

**Credits:** AMA PRA Category 1 Credit(s)<sup>™</sup> (MD, DO) (7.00 hours), Non-Physician Attendance (RN, APRN, PA, PharmD and Others) (7.00 hours)

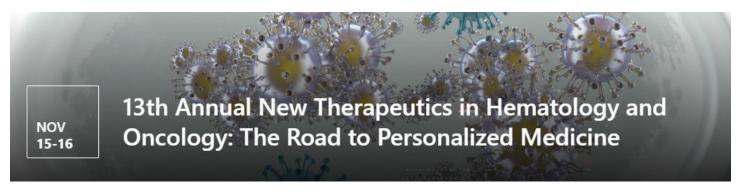
#### **Registration:**

(In-Person)Physicians: \$225 (In-Person)Non-physicians: \$160 (In-Person)Residents/Fellows: Free

(In-Person)Cedars-Sinai Nurses, Therapists and CRCs: Free

<u>The X Cedars-Sinai Parkinson's Disease and Movement Disorders Annual Symposium - Cedars-Sinai - Continuing Education (CE) - The X Cedars-Sinai Parkinson's Disease and Movement Disorders Annual Symposium (cloud-cme.com)</u>

## 13th Annual New Therapeutics in Hematology and Oncology: The Road to Personalized Medicine - November 15-16



This important educational activity will provide guidance to front-line and oncology clinicians, nurses, physicians, pharmacists, nurse practitioners, physician assistants and pharmacists, with the most current information available about new agents in oncology and translating of the latest research to their patients. The conference will cover drug and treatment updates with a focus on precision medicine, gynecological malignancies, hematologic malignancies, prostate, bladder cancer and GI malignancies. The conference features a comprehensive review of new drugs approved along with their mechanism of action, and a keynote lecture, Stand Up to Cancer focusing on developmental therapeutics. Next generation studies will also be addressed, and the conference will offer participants a session designed to provide insight into the latest advances in lung cancer treatment, including integration of new molecularly-targeted therapies and immunotherapy.

Friday, November 15, 2024, All day
2:00 PM - 6:00 PM
Saturday, November 16, 2024, All day
7:30 AM - 4:30 PM
Sofitel Los Angeles at Beverly Hills
8555 Beverly Blvd, Los Angeles, CA

#### **Target Audience:**

Specialties - Hematology, Internal Medicine, Oncology, Pain Management, Radiation Oncology, Surgery

**Credits:** AMA PRA Category 1 Credit(s)<sup>™</sup> (MD, DO) (9.50 hours), Non-Physician Attendance (RN, APRN, PA, PharmD and Others) (9.50 hours)

#### Registration:

Physicians (In-Person): Free

All Other Healthcare Providers (In- Person): Free

Residents/Fellows/Medical Students (In- Person): Free

CSHS Advanced Practice Providers/Researchers/Administration (In- Person): Free

Industry (In- Person): \$225.00

13th Annual New Therapeutics in Hematology and Oncology: The Road to Personalized Medicine - Cedars-Sinai - Continuing Education (CE) - 13th Annual New Therapeutics in Hematology and Oncology: The Road to Personalized Medicine (cloud-cme.com)



The 2024 Epilepsy Update Conference will bring together some of the top epilepsy specialists from around California and the country to update our community on new information regarding the diagnosis and treatment of patient with epilepsy. This symposium will provide education on the diagnosis and treatment of epilepsy to improve referrals pattern to specialized epilepsy centers as well as improve the diagnosis of epilepsy in patients being seen in the community so all patients can be given the correct diagnosis and receive the best treatment rapidly for their diagnosis which results in the best quality of life.

Sunday, November 17, 2024 7:30 AM - 7:00 PM Disneyland Hotel 1150 West Magic Way, Anaheim, CA 92802

#### **Target Audience:**

Specialties - Neurology, Neurosurgery

**Credits:** AMA PRA Category 1 Credit(s)™ (MD, DO) (7.50 hours), AAPA Category 1 CME credit (7.50 hours), IPCE (7.50 hours), Non-Physician AMA Attendance (7.50 hours)

#### **Registration:**

(In-Person) Physicians: \$100.00

(In- Person) All Other Healthcare Providers: \$50.00

2024 Epilepsy Update Conference - Cedars-Sinai - Continuing Education (CE) - 2024 Epilepsy Update Conference (cloud-cme.com)



## You vs Cancer...Why is prevention and early detection important?

### Wednesday, November 20, 2024

5:00 pm – Screenings and vendor exhibitions 6:30 pm – Lecture (in person; optional via zoom)

#### Hoffman Conference Center

3315 Medical Center Drive, Torrance, CA 90505

#### Join on Zoom:

TMMC.Zoom.us/my/molnov2024

#### Talking points:

- Understand the role of primary care physicians in cancer detection
- Risk factors, screenings and prevention
- Cancer discussion
  - Breast cancer
  - Colon and pancreatic cancer
  - Lung cancer/Vaping
- Cancer and nutrition

## Moderator



Pantha Rezaeian, MD Family Medicine

## **Speakers**



Rashaan Ali-Jones, MD General/ Breast Surgery



Neil Bhayani, MD General Surgery



Andrew Horodner, MD Oncology Hematology



Erica Drost, MS, RDN Clinical Dietitian

Health experts from Torrance Memorial will help you better understand the role of primary care physicians in cancer detection. Learn about risk factors, screenings and prevention for various types of cancer, including breast, colon, pancreatic, and lung, with a focus on the health risks of vaping.

Join us in person or via ZOOM: https://tmmc.zoom.us/my/molnov2024



Bioethics CME presented by Stuart Finder, Ph. D., Cedars Sinai- Goal Concordant Care: A New Name for an Old Idea



#### **Educational Objectives:**

- Explain what "goal concordant care" means and why it is important.
- Describe the basic steps for ascertaining a patient's goals to incorporate them into a plan of care.
- Practice thinking through how to achieve goal concordant care for patients with whom you have little to no prior relationship.

To register please call Medical Staff Services at 310-517-4616 Ext. 27557 or email Lauren.viveros@tmmc.com **Target Audience:** Physicians, Physician Assistants, Nurses, Case Managers, and Social Workers.

- Date:
  November 22, 2024
- Time:
  Registration & Lunch: 11:30 am
  Lecture: 12 pm 1 pm
- Torrance Memorial
  Hoffman Health Conference Center
  3315 Medical Center Drive, Torrance,
  CA 90505
- Lunch will be provided.

## FEES: Complimentary Lecture & Lunch

Torrance Memorial Medical Center is accredited by the Accreditation Council for Continuing Medical Education/California Medical Association (ACCME/CMA) to provide continuing medical education for physicians. Torrance Memorial Medical Center designates this live activity for a maximum of 1 AMA PRA Category I Credits TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The California Board of Registered Nursing accepts Category I CME to meet RN continuing education requirements.



An Affiliate of Cedars



## 2nd Annual Cedars-Sinai Hand Symposium: Current Controversies in Hand Surgery and Therapy - November 23



The 2024 Cedars-Sinai Hand Symposium will cover major controversial topics in hand surgery and therapy. Topics ranging from joint arthroplasty to fracture care to tendon injuries to biologics will be discussed. The latest techniques will be presented followed by debate style case discussions and the sharing of tips and tricks by expert surgeons and therapists.

Saturday, November 23, 2024 8:00 AM - 3:00 PM Cedars-Sinai Harvey Morse Conference Center 8701 Gracie Allen Dr, Los Angeles, CA 90048

#### **Target Audience:**

Specialties - Orthopaedic Surgery, Other, Plastic Surgery

**Credits:** AMA PRA Category 1 Credit(s)™ (MD, DO) (6.00 hours), Non-Physician AMA Attendance (6.00 hours), IPCE (6.00 hours)

#### **Registration:**

(In- Person) Physicians: \$200

(In- Person) Non-physicians \$125

(In- Person) Resident/Fellows/Medical Students \$75

(In- Person) Cedars-Sinai Resident/Fellow Free

2nd Annual Cedars Sinai Hand Symposium: Current Controversies in Hand Surgery and Therapy - Cedars-Sinai - Continuing Education (CE) - 2nd Annual Cedars Sinai Hand Symposium: Current Controversies in Hand Surgery and Therapy (cloud-cme.com)

### **MSAP and SOS Programs**

## MEDICAL STAFF ASSISTANCE PROGRAM





## PHYSICIAN ASSISTANCE PROGRAM (PAP)





Physicians who are experiencing personal struggles and/or problems are eligible to receive up to ten free counseling visits per calendar year (Physician Assistance Program.)

PAP has been directed and coordinated by Dr. Moe Gelbart and provided by a team of therapists located at Torrance Memorial McMillen Medical Building and other locations throughout the South Bay, as well as telehealth visits.

- PAP provides short term counseling, assessment, and referral for:
  - · personal, family, and work issues
  - chemical dependency
  - financial and legal issues
- All information is held in strictest confidence

#### NO REFERRAL NECESSARY

Call Dr. Moe Gelbart at x44935 (310-784-4935) or x75751 (310-257-5751) for an appointment

Please identify yourself as a Torrance Memorial employee or family member.



#### PHYSICIAN ASSISTANCE PROGRAM

McMillen Medical Building
3333 Skypark Drive, Suite 200, Torrance, CA 90505
Extension 44935 (310-784-4935) or x75751 (310-257-5751)

Eligible Medical Staff members may self-refer to the Program by calling

# GELBART AND ASSOCIATES at (310) 257-5751

Inquiries will be held in strictest confidence.

Self-referrals are limited to up to ten (10) visits to program counselors. The program counselor may immediately refer clients to a qualified professional in the community for continued care after an initial assessment, if the counselor determines that more than ten (10) visits are necessary.

Torrance Memorial Medical Staff provides members of the Medical Staff with professional and confidential assistance through a Medical Staff Assistance Program (MSAP) at no cost to members for ten (10) crisis and intervention visits per calendar year. This service proves members with a constructive way to deal with personal problems which may be affecting behavior and clinical performance. It is the belief that dealing with these problems preemptively may alleviate issues related to clinical performance, clinical privileges and/or membership. However, member involvement in this or any other rehabilitation program does not excuse or limit the obligation of members to meet Torrance Memorial Medical Staff's Bylaws, Rules and Regulations and polices/procedures or standards.

### SUPPORT OUR STAFF



# Support Our Staff

- Need to talk through a difficult situation you have encountered? A case that is bothering you? Or perhaps a personal issue that has been difficult to process? Help is only a call away!
- The S.O.S. team is comprised of volunteers trained in critical incident stress management who will provide you with a "safe zone" to express thoughts and reactions to enhance coping.

Common reactions to a stressful life event include:

#### **Physical Symptoms Psychological Symptoms** Sleep disturbance Fear Self-doubt · Difficulty concentrating Grief Extreme sadness Fatigue Depression

 You've cared for our patients and community, now let us care for you! S.O.S. is confidential, FREE, and available 24/7.

Simply call 310-997-7444 or x79100 and leave a message (you will be called back within 24 hours)





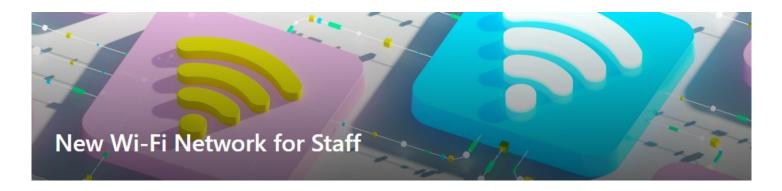
Alternatively, you may contact:

DR. ZACHARY GRAY zachary.gray@tmmc.com at 310-869-3713 or LAYNE KELLEY at layne.kelley@tmmc.com or 310-517-4719

to request S.O.S.

### **HELP IS ONLY A CALL AWAY!**

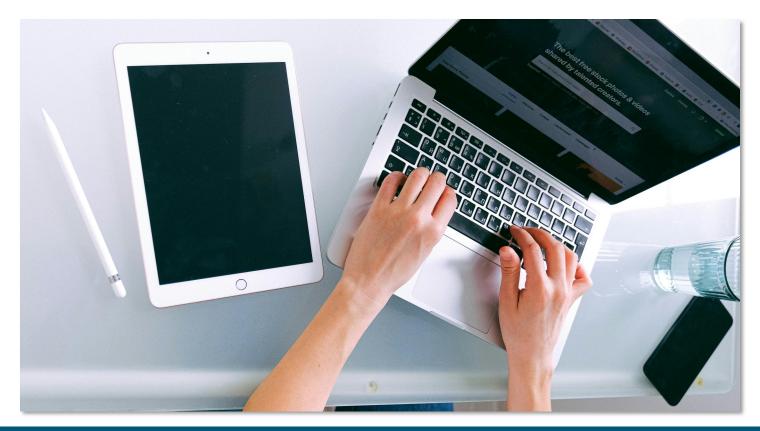
#### TorranceMemorial-Staff Wifi for Personal Device



#### Staff and Physicians must use this wireless network with any personal device

## **TorranceMemorial-Staff**

- 1. Use your network credentials to authenticate and connect.
- 2. Once you have authenticated and connect, you will remain connected until you click "Forget This Network" in your device's Settings.
- 3. You should now use this new this network instead of the TMMC-Guest network.
- 4. Make sure you are on the TMMC campus before going through these instructions.





## **Medical Staff Calendar**





## **November 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> 7:00a Thoracic Tumor Board
<b>4</b> 12:30p Cardiology	5 12:30p Infection P&T WT D	<b>6</b> 7:00a CV Review Conference	7:00a Breast Tumor Board 7:45a Gen Tumor Board 12:30p MSPI	7:00a General Surgery 7:00a Thoracic Tumor Board
11 12:30p Credentials 12:30p Antibiotic Stewardship	12:00p Bioethics Committee 12:00p Health Information Mgmt 6:00p Medical Executive Comm.	7:00a Anesthesia Department 7:00a CV Review Conference 12:30p C-Section 12:30p Medicine	7:00a Breast Tumor Board 7:00a Cardiac M&M 7:45a GI Tumor Board 3:00p Medication Safety	7:00a Thoracic Tumor Board 7:00a Physician Resiliency 1:00p Stroke Committee
18 7:30a IRB 12:00p Burn & Wound 12:30p Oncology PI	7:00a Cancer Committee 12:30p EDIE Patient Care	7:00a CV Review Conference 12:30p Critical Care	7:00a Breast Tumor Board 7:45a CNS Tumor Board 8:30a EndocrinologyWT C 9:00a Emergency Department 12:30p Pediatrics	7:00a Thoracic Tumor Board
25	26 12:00p Radiology 12:30p OB/GYN Department	7:00a CV Review Conference 7:00a Gastroenterology	Thanksgiving	29



#### **CME CONFERENCES**

**Date:** Wednesdays, 12:30 p.m. **Location:** Hoffman Health Conference Center

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 *AMA PRA Category I Credit*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call

(310) 784-8776 or visit: http://

www.torrancememorial.org/For\_Physicians/ Wednesday\_CME\_Conferences.aspx November 6, 2024

To be announced

November 13, 2024

To be announced

November 20, 2024

To be announced

November 27, 2024

To be announced

December 4, 2024

To be announced

December 11, 2024

To be announced

December 18, 2024

To be announced

December 25, 2024

None

#### **Welcome New Practitioners**



Esther T. Banh, MD Anesthesiology Torrance Anesthesia Medical Group 3330 Lomita Blvd. - Anesthesia Office Torrance, CA 90505 Phone: (310) 517-4759 Fax: (310) 517-4658



Timothy J. Morley, MD General Surgery South Bay Surgeons 23451 Madison St. 340 Torrance, CA 90505 Phone: (310) 373-6864 Fax: (310) 373-9547



Paola A. Ortiz, MD Hospitalist, Internal Medicine Torrance Memorial Hospitalist Associates 3330 Lomita Blvd. TMHA 1st FI Torrance, CA 90505 Phone: (310) 891-6623 Fax: (310) 891-6673



## **Physicians/AHP Roster Updates**

#### **Address Changes**

## Latrice M. Allen, MD Obstetrics/Gynecology

Modern Women's Care 23600 Telo Ave. Ste 270 Torrance, CA 90505 Phone: (310) 539-5060 Fax: (310) 539-7899

#### Sharda Bhasin, MD Obstetrics/Gynecology

Modern Women's Care 23600 Telo Ave. Ste 270 Torrance, CA 90505 Phone: (310) 539-5060 Fax: (310) 539-7899

## John T. Brothers, DDS Oral Surgery

Coastline Oral and Facial Surgery 23441 Madison St. Ste 200 Torrance, CA 90505 Phone: (310) 810-1108 Fax: (310) 810-1109

## Rose J. Eapen, MD Otolaryngology

Beach Cities ENTs 20911 Earl Street Ste 340 Torrance, CA 90503 Phone: (310) 540-2111 Fax: (310) 944-9295

## Cristal M. Lynch, MD Gynecology

Modern Women's Care 23600 Telo Ave. Ste 270 Torrance, CA 90505 Phone: (310) 539-5060 Fax: (310) 539-7899

#### Marissa A. Schwartz, MD Otolaryngology, Pediatric Otolaryngology

Torrance Memorial Physician Network -ENT 23550 Hawthorne Blvd, Ste. 125 Torrance, CA 90505

Phone: (310) 891-6733 Fax: (310) 517-1348

## Vadim I. Tokhner, MD Anesthesiology

Torrance Anesthesia Medical Group 3330 Lomita Blvd. - Anesthesia Office Torrance, CA 90505 Phone: (310) 517-4759

## Resignations

Fax: (518) 240-4547

## **Kevin Bonilla, MD**Anesthesiology

Catherine Gisi, MD Hospitalist, Internal Medicine

David Goodman Jr, MD Infectious Disease

Yen Fu James Liu, MD Pediatrics

Shaun Setty, MD Pediatric Surgery

**Edward Sun, DO**Hospitalist, Family Medicine

#### Retirements

Melvin Snyder, MD Neurosurgery

#### Leave of Absence

#### **Eugenie Cho, PA**

Physician Assistant Cardiothoracic Surgery

## Navjot Kaur, PA Physician Assistant General Surgery

The Medical Staff Newsletter *ProgressNotes* 

is published monthly for the Medical Staff of Torrance Memorial Medical Center.

Oren Zaidel M.D.

Chief of Staff

Layne Kelley, MA, CPHQ, CPMSM

Director, Medical Staff Services & Performance Improvement

# Progress Notes



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